

# 28<sup>th</sup> Annual Geriatric Medicine Refresher Day

## Elder Health — The Whole Spectrum of Care

WEDNESDAY, APRIL 30, 2014

7:50 A.M. - 4:00 P.M.

LONDON CONVENTION CENTRE, LONDON, ONTARIO

7:50 - 8:50 a.m. Registration, Displays and Refreshments

### 8:50 - 9:00 a.m. WELCOMING REMARKS

Laura Diachun, MD, Conference Chair, Division of Geriatric Medicine, St. Joseph's Health Care London

### 9:00 - 9:50 a.m. PLENARY SESSION

#### THE ART OF DEMENTIA: FINDING BEAUTY IN A BROKEN WORLD

Peter J Whitehouse, MD, Case Western Reserve University

- Identify the broader eco-psychosocial dimensions of dementia
- Apply aesthetics in the practice of caring

### 10:00 - 11:00 a.m. MORNING CONCURRENT WORKSHOPS I

#### 1. THE INTERGENERATIONAL SCHOOL: TOWARDS DEEPER AND BROADER IDEAS OF BRAIN HEALTH

Peter J Whitehouse, MD, Case Western Reserve University

- Describe the characteristics of an intergenerative learning community
- Identify dissemination practices for such intergenerational models

#### 2. A PRACTICAL APPROACH TO RAPIDLY PROGRESSIVE DEMENTIAS

David F. Tang-Wai, MDCM, University of Toronto

- Identify persons with rapidly progressive dementia
- Outline investigations for evaluation of rapidly progressive dementia

#### 3. MEDICATIONS AND THE RISK FOR FALLS IN OLDER PERSONS

Luis Viana, Pharmacist, Medical Pharmacies Group Limited

- Identify commonly prescribed medications and their mechanism of action that may increase falls risk in the elderly

#### 4. BEYOND ARTHRITIC JOINTS AND SLIPPED DISCS: MANAGING NON-MALIGNANT PAIN IN THE ELDERLY

Joshua Shadd, MD, St. Joseph's Health Care London

- Identify non-opioid pain management strategies tailored to each person's pain based on a comprehensive pain assessment
- Discuss strategies for safe & appropriate use of opioid analgesics

#### 5. SCREENING AND INTERVENTION FOR ALCOHOL-RELATED PROBLEMS IN LATER LIFE

Bonnie Purcell, PhD, C.Psych, (Supervised Practice) London Health Sciences Centre

- Discuss brief and effective screening tools for senior alcohol misuse
- Identify intervention strategies for front-line staff and other health care providers who are not specifically trained in addictions

#### 6. TOP GERIATRIC PAPERS OF 2013

Chris Brymer, MD, St. Joseph's Health Care London

- Discuss current literature and how it may inform and alter primary elder care

11:00 - 11:25 a.m. Refreshments, Displays and Networking

### 11:30 a.m. - 12:30 p.m. MORNING CONCURRENT WORKSHOPS II

#### 7. A PRACTICAL APPROACH TO RAPIDLY PROGRESSIVE DEMENTIAS

Dave F. Tang-Wai (Repeat of Workshop #2)

#### 8. CLINICAL ASSESSMENT AND MANAGEMENT OF SEXUAL EXPRESSION IN THE DEMENTIA CONTEXT: BEST PRACTICES

Lori Schindel Martin, RN, PhD, Ryerson University

- Identify and assess sexual behavior in the dementia context
- Discuss person-centred interventions to manage sexual behaviour and support front-line staff

#### 9. BEYOND ARTHRITIC JOINTS AND SLIPPED DISCS: MANAGING NON-MALIGNANT PAIN IN THE ELDERLY

Joshua Shadd (Repeat of Workshop #4)

#### 10. SCREENING AND INTERVENTION FOR ALCOHOL-RELATED PROBLEMS IN LATER LIFE

Bonnie Purcell (Repeat of Workshop #5)

#### 11. OLDER DRIVERS IN NORTH AMERICA: FACTS, FIGURES, CHALLENGES AND OPPORTUNITIES

Sherrilene Classen, PhD, OT, Western University

- Identify and assess at risk older drivers
- Discuss the challenges in older driver rehabilitation

#### 12. ELDER ABUSE: HOW CAN WE WORK TOGETHER?

PANEL MEMBERS—Patrick Fleming, Social Work; Paul Martin, London Police Services; Rebecca Redmond, Personal Guardian Trustee; Katy Morrow, Social Work

- Identify elder abuse and understand where to reach out for support
- Discuss how working together will achieve a comprehensive approach to elder abuse

12:30 - 1:30 p.m. Lunch, Displays and Networking

### NEW AFTERNOON FORMAT: CHOOSE OPTION 1 OR OPTION 2

#### OPTION #1

##### 1:35 - 4:00 p.m. FULL AFTERNOON WORKSHOP

(Includes a 20 minute working break with refreshments brought to room)

#### 13. TREATING PATIENTS WITH C.A.R.E.

(CONNECT, APPRECIATE, RESPOND, EMPOWER)

Celina Thomas Hicks, South West Self-Management Program Coach, SW CCAC

*This workshop provides a conceptual model and specific communication techniques to enhance patient satisfaction and encourage patient partnership. Video encounters and participant experiences will be used to enhance your skills and help you provide outstanding health care service.*

#### OPTION #2

##### CHOOSE 2 CONCURRENT AFTERNOON WORKSHOPS

##### 1:35 - 2:35 p.m. AFTERNOON CONCURRENT WORKSHOPS I

#### 14. CLINICAL ASSESSMENT AND MANAGEMENT OF SEXUAL EXPRESSION IN THE DEMENTIA CONTEXT: BEST PRACTICES

Lori Schindel Martin (Repeat Workshop #8)

#### 15. TOP GERIATRIC PAPERS OF 2013

Chris Brymer (Repeat Workshop #6)

#### 16. TREATMENT OF HEART FAILURE IN THE FRAIL ELDERLY

George Dresser, MD, London Health Sciences Centre

- Discuss evidence for conventional therapy in heart failure
- Discuss knowledge gaps and unique aspects of therapy for the elderly

#### 17. ELDER MEDIATION; A VALUABLE RESOURCE FOR THE HEALTH CARE PROVIDER

Malcolm Bennett, LLP

- Describe elder mediation and how it works
- Identify when elder mediation can be useful

#### 18. FRAILTY AND ATYPICAL DISEASE PRESENTATION

Manuel Montero-Odasso, MD, St. Joseph's Health Care London

- Describe how frailty differs from comorbidity & disability
- Discuss how common diseases can present in an "atypical way"

2:35 - 2:55 p.m. Afternoon Break

##### 3:00 - 4:00 p.m. AFTERNOON CONCURRENT WORKSHOPS II

#### 19. MEDICATIONS AND THE RISK FOR FALLS IN OLDER PERSONS

Luis Viana (Repeat of Workshop #3)

#### 20. OLDER DRIVERS IN NORTH AMERICA: FACTS, FIGURES, CHALLENGES AND OPPORTUNITIES

Sherrilene Classen (Repeat of Workshop #11)

#### 21. TREATMENT OF HEART FAILURE IN THE FRAIL ELDERLY

George Dresser (Repeat of Workshop #16)

#### 22. ELDER ABUSE: HOW CAN WE WORK TOGETHER?

(Repeat of Workshop #12)

#### 23. SUDDEN VISION LOSS AND MANAGEMENT OF DRY EYE IN THE GERIATRIC PATIENT

Larry Allen, MD, St Joseph's Health Care London

Rookaya Mather, MD, St Joseph's Health Care London

- Discuss etiology and management of sudden vision loss and dry eye in the geriatric patient

4:00 - 4:15 p.m. CLOSING COMMENTS AND EVALUATION

## Who Should Attend

Given the interdisciplinary nature of geriatric care and the feedback from the 2013 conference evaluations, topics have been selected to appeal to a wide range of care providers including physicians, nurses, therapists (OT, PT, SLP, RT), pharmacists, dietitians, psychologists, social workers, researchers, educators, and discharge planners, as well as people serving primarily in administrative positions.

## About the Conference

We are proud to present and celebrate our 28th annual conference in Geriatric Medicine that provides professionals with another opportunity to broaden their knowledge base, to refine specific skills, and to meet with others who share their concern in improving quality care for the older adult. The plenary session encourages interdisciplinary discussion of a subject common to all, while concurrent sessions provide medical updates and review of best practices of other topics in geriatric care. All sessions include time for questions from participants and many speakers are available for informal discussions throughout the day. We encourage you to visit our display area in the Exhibitor Ballroom.

## Study Credits:

This event is an Accredited Group Learning Activity (Section 1) as defined by the Maintenance of Certification program of The Royal College of Physicians and Surgeons of Canada and approved by Continuing Professional Development, Schulich School of Medicine & Dentistry, Western University (5.75 hours)

This program meets the accreditation criteria of The College of Family Physicians of Canada and has been accredited by Continuing Professional Development, Schulich School of Medicine & Dentistry, Western University, for up to 5.75 Mainpro-M1 credits.

Each participant should claim only those hours of credit that he/she actually spent participating in the educational program.

## Industry Sponsors

This program has been made possible through educational grants from Amgen Canada, Novartis Pharmaceuticals Canada Inc.

## Registration

***All electronic registrations received prior to April 1, 2014 will be entered into our "Early Bird Draw" and are eligible to receive a full refund of the 2014 registration fee. We encourage all to register prior to April 1, 2014.***

Registered participants who are unable to attend are welcome to send a colleague in their place. Notice of withdrawal in writing after April 24, 2014 will result in a \$40 administration fee. Registrations received after April 24, 2014 will be considered only if space permits.

## Parking

Parking is not included in your registration fee. Please be prepared to pay for your own parking. Parking is available at the London Convention Centre underground lot or in the Impark lot across the street for \$6 - \$10.

## Please note

***The London Convention Centre can get chilly - DRESS IN LAYERS. A coat check will be available on the ground floor of the Convention Centre. This is a FRAGRANCE FREE CONFERENCE, be considerate to those with allergies. Be sure to inform us of any special dietary needs.***

## ONLINE REGISTRATION ONLY

[www.sjhc.london.on.ca/grd](http://www.sjhc.london.on.ca/grd)

Please register online to ensure that you receive next year's flyer.

To receive the 2015 flyer without registering this year, please e-mail Sarah Woolmore-Goodwin at [Sarah.woolmoregoodwin@sjhc.london.on.ca](mailto:Sarah.woolmoregoodwin@sjhc.london.on.ca)

Date: Wednesday, April 30, 2014

Registration: 7:50 - 8:50 a.m.

Opening Remarks Begin: 8:50 a.m.

Location: London Convention Centre

300 York Street, London, ON N6B 1P8

Fees: \$150.00 per person

\$50.00 per full-time student/volunteer

Registration Deadline: April 23, 2014

